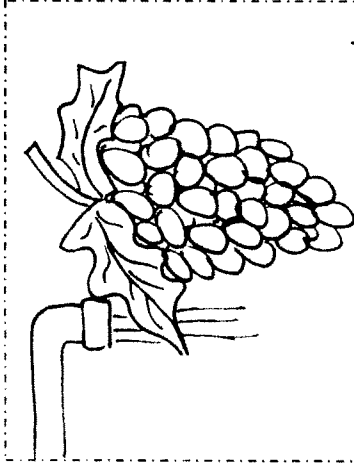
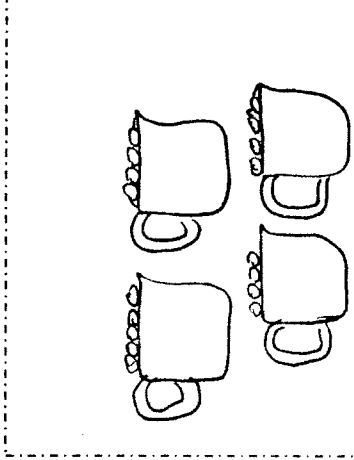


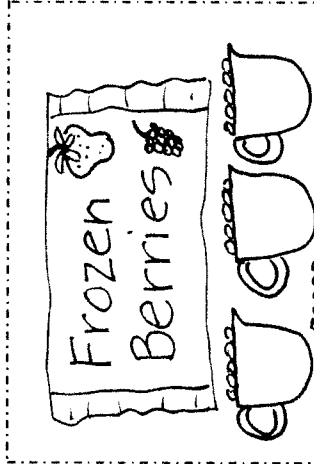
Great Grape Smoothie



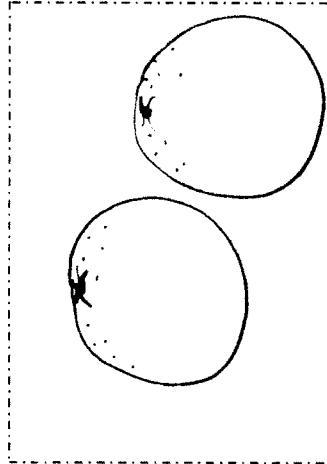
Wash grapes and
remove from stem



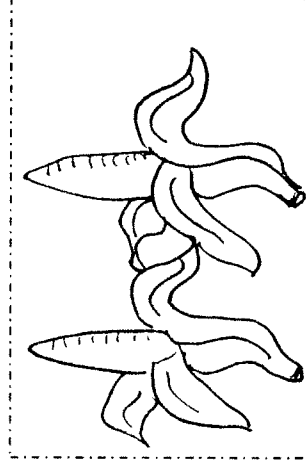
4 cups grapes



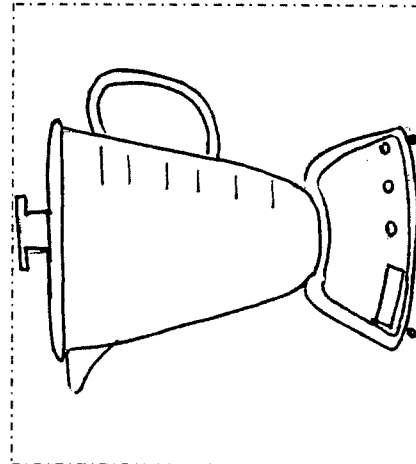
4 cups frozen
berries



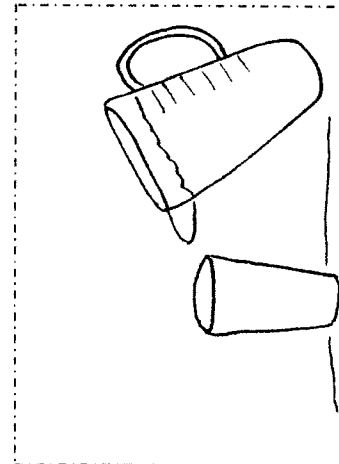
Peel and slice
oranges



Peel and slice
bananas



Add to blender, blend
until smooth.



Pour and enjoy

Great Grape Smoothie

4 cups seedless grapes
4 cups mixed frozen
berries
2 cups orange slices
2 cups banana slices

Directions:

- Combine all ingredients in blender (divide recipe in half to fit).
- Blend until mixture is smooth.
- Pour into cups.
- Repeat with remaining ingredients.