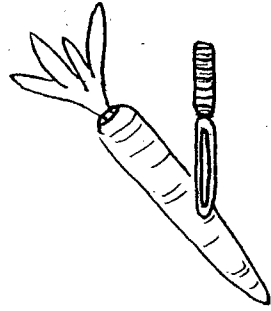


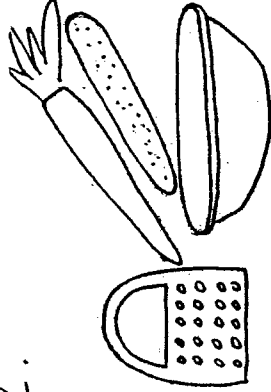
# Carrot & Zucchini Quesadillas

1.



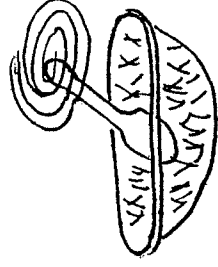
Peel carrot

2.



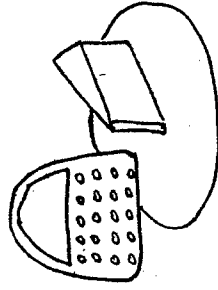
Grate carrot and zucchini in bowl

3.



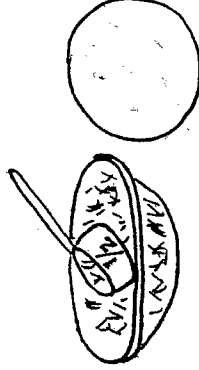
Mix

4.



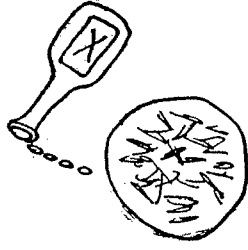
Grate cheese on plate

5.



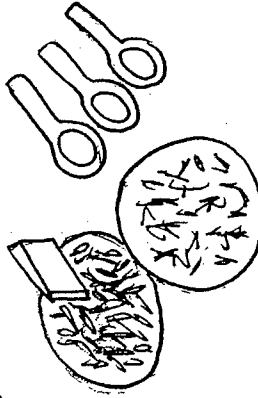
Scoop 1/2 cup of vegies on tortilla

6.



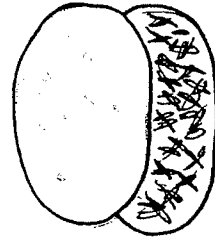
Sprinkle with hot sauce

7.



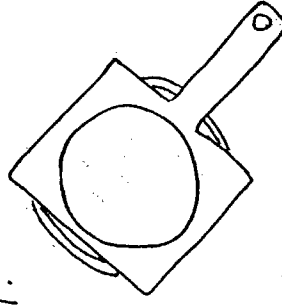
Top with 3 TBS. cheese

8.



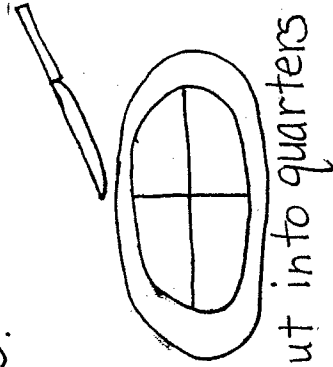
Cover with second tortilla

9.



Heat until cheese melts

10.



cut into quarters

## Carrot & Zucchini Quesadillas

- 1 large carrot
- 1 zucchini
- 8 flour tortillas
- 3/4 cup cheese hot sauce

### Directions:

1. Peel carrot
2. Grate carrot and zucchini
3. Mix in bowl

4. Grate cheese on plate
5. Put 1/2 cup carrots and zucchini over tortilla
6. Sprinkle with hot sauce
7. Top with 3 tablespoons of cheese
8. Cover with second tortilla
9. Heat over medium heat until cheese melts
10. Cut into quarters and enjoy!

Serves 16